

## PRESS RELEASE

For Immediate Release

Health & Wellness Grant

Date: November 6, 2023



CONTACT: Tiffany Loera

DEPARTMENT: Public Works

PHONE: 770.443.8110 x 1406

EMAIL: [tloera@dallas-ga.gov](mailto:tloera@dallas-ga.gov)

320 E. Foster Drive, Dallas GA 30132

# The City of Dallas Receives Health & Wellness Grant

The City of Dallas, Ga., November 6, 2023 – The City of Dallas has been selected once again by the Georgia Municipal Association (GMA) to receive one of the Employee Health Promotion & Wellness Grants awarded statewide to promote worksite programs designed to enhance the health and wellbeing of city employees and family members. The check was presented by Sherea Robinson and Paige Rinehart from Local Government Risk Management (LGRMS) Services.

Awards are made to members of the GMA GEMBS Life and Health Insurance Fund, underwritten by Blue Cross Blue Shield of Georgia, based on the city's commitment to employee health and demonstrated collaboration with other community groups and organizations engaged in health promotion.

As part of the grant process, the city designated Tiffany Loera as the Health Promotion Champion to develop a workplace health promotion action plan and attend Local Government Risk Management Services (LGRMS) High Impact Health Promotion and Wellbeing training sessions.

Since Ms. Loera has taken over the program, she has put together a council and holds meetings to help plan what health and wellness activities the city employees can choose to participate in. Tiffany and the council have done a great job of expanding the type of activities available. A FY 2023 kick-off was held at Sara Babb Park and included a food truck and water slide! Several employees and their families enjoyed swimming, corn-hole and more. Many more diverse activities are planned and the employees are very excited.

Wellbeing programs have a demonstrated track record of improving employee health and quality of life while reducing medical claims and improving workplace morale. The GMA offers wellbeing and safety services to all member cities through LGRMS, a not-for-profit agency operated jointly with the Association County Commissioners of Georgia.

Employees will be offered a confidential health assessment program using a Health Risk Appraisal, with blood pressure screening and health improvement feedback. Mayor James Kelly said, "We are pleased that GMA recognizes our interest in employee health and in managing health care costs. This grant will help us provide new programs to our staff and their families."

The GMA-GMEBS is available to all Georgia Municipal Association members. Currently, 153 cities, authorities, and regional commissions participating in the GMA – GMEBS are eligible to apply for the Health Promotion & Wellbeing Grants on an annual basis. The GMA is pleased to support The City of Dallas in this important endeavor.

###